



Hemphill ISD Student Food/Severe Allergy/Anaphylaxis Management Plan

Hemphill ISD has developed a Food Allergy/Anaphylaxis Management Plan to provide a safe environment for students with food and severe allergies and to support parents/guardians regarding severe allergy management. Hemphill ISD recognizes the increasing prevalence of life-threatening allergies among school populations and that the risk for accidental exposure to allergens can be reduced in the school setting by working in cooperation with parents, students, and physicians to minimize risks and provide a safe educational environment for all students. Hemphill ISD's food/severe allergy management plan will be individualized to students who have known food/severe allergies and are at risk for anaphylaxis.

We are committed to:

- Providing a safe and healthy learning environment for students with food allergies.
- Reducing the likelihood of severe or potentially life-threatening allergic reactions.
- Promoting a rapid and effective response in the case of a severe or potentially life threatening allergic reaction.
- Protecting the rights of students with food and severe allergies to participate in all school activities.

This plan is designed to limit the risk posed to students with food/severe allergies and includes:

- Education and training for employees including awareness of signs and symptoms and implementing emergency responses.
- General strategies to reduce the risk of exposure.
- Implementing methods for requesting specific food/severe allergy information from parents/guardians of students with a diagnosed food/severe allergy.
- Annual review/update of this management plan.

Food/severe allergies can be life threatening. The risk of accidental exposure can be reduced in the school setting if schools work with students, parents, and physicians to minimize risks and provide a safe educational environment for food/severe allergic students.

Family's responsibility:

- Notify the school of the child's food/severe allergies. As part of the registration process each year, parent/guardians will complete a Health Information Form disclosing

food/severe allergy information to the school in order to enable the District to take necessary precautions for the student's safety. This form is available online and also at registration.

- If during the school year a student is diagnosed with a food/severe allergy, especially allergies that could result in dangerous, or possibly life-threatening reactions either by inhalation, ingestion, or skin contact, the parent/guardian will notify the school and/or school nurse.
- Collaborate with the principal and school nurse to develop a plan that accommodates the child's needs throughout the school including the classroom, in the cafeteria, during school-sponsored activities and on the school bus.
- Provide written medical documentation, instructions and medications as directed by a physician.
- Provide properly labeled medications and the completed Care Plans that includes physician directions for anaphylaxis medications. Parent will be responsible for replacing medications when expired.
- Educate the child in the self-management of their food/severe allergy including:
 1. Safe and unsafe foods/allergen
 2. Strategies for avoiding the allergen
 3. Symptoms of allergic reactions
 4. How and when to tell an adult they may be having an allergy-related problem
 5. How to read food labels (age appropriate)
 6. Emergency contact information (age appropriate)

School Responsibility:

- Follow applicable Federal laws including ADA, IDEA, Section 504, and FERPA as well as any state laws or district policies that apply to meet the student's needs.
- Review student's health record provided by parents/guardians and physicians and identify students with a history or at risk for anaphylaxis.
- Develop and implement an emergency care plan/allergy action plan or individualized healthcare plan (as appropriate) for individuals with food/severe allergy students.
- Assure that all staff has a basic understanding of food allergies, possible signs and symptoms and know what to do in an emergency.
- Train and review with staff (teachers, PE teachers/coaches, administrative staff, etc.) who regularly interact with specific students identified as at risk for anaphylaxis: signs and symptoms of allergic reaction, risk reduction procedures, emergency procedures, medication administration procedures (where medication is stored, procedure for administration, documentation), proper use of epinephrine auto-injector, review of 911 contact procedures.
- Encourage inclusion of students with food/severe allergies in all school activities
- Provide specific food/severe allergy student information to nutrition/dietary department which the parent/guardian and physician have supplied. Food service department will make food substitutions after receiving a completed medical statement from a physician

for meal modifications submitted by parent/guardian. Food service must make substitutions as prescribed by a physician if the food allergy is severe enough to result in a life-threatening (anaphylactic) reaction. Upon request, Food service will make food labels and ingredient lists and menus available to parents/guardians of students with identified life-threatening anaphylactic food allergies.

- Food service employees will be provided training regarding safe food preparation practices to protect students with food allergies.
- Collaborate and plan with students, parents, physicians and employees to define risks and take appropriate action for field trips, classroom parties and possible allergens in educational tools (arts and craft projects, etc.).
- Following an anaphylaxis event nurse will complete post event documentation and review policies and prevention plans. After the review any changes needed will be completed on the management plan.

Student's Responsibility:

- Should not share or trade food with others.
- Should not eat anything with unknown ingredients or known to contain any potential allergen.
- Should be proactive in the care and management of their food allergies and reactions based on their developmental level.
- Should notify an adult immediately if they eat or are exposed to something they believe may contain a food/substance which they are allergic to.

School Nurse Responsibility:

- Identify Students with food/severe allergies from health information forms completed and provided by parents/guardians.
- Collaborate with parents/guardians to obtain health history information, physician orders, medications ordered and contact information.
- Collaborate with the student on emergency plan in place, location of medication, signs and symptoms of reaction, notification of reaction to adults, prevention strategies.
- Create Emergency Care plans/Allergy Management plans or individual healthcare plans as appropriate.
- Notify appropriate school staff with a need to know of a specific student's condition, signs and symptoms, medical management plans and emergency medical plans.
- Provide specific food/severe allergy student information to nutrition/dietary department which the parent/guardian and physician have supplied.
- Collaborate and plan with students, parents, physicians and employees to define risks and take appropriate action for field trips, classroom parties and possible allergens in educational tools (arts and craft projects, etc.).
- Follow emergency care plans, allergy management plans and individual healthcare plans providing medical care to a student having an emergency/anaphylactic reaction.

- Following an anaphylaxis event nurse will complete post event documentation and review policies and prevention plans. After the review any changes needed will be completed on the management plan.

PLEASE NOTE THAT IT IS THE SOLE RESPONSIBILITY OF PARENTS/GUARDIANS TO PROVIDE MEDICATIONS FOR FOOD/SEVERE ALLERGIES INCLUDING BUT NOT LIMITED TO, EPINEPHRINE AUTO-INJECTORS, ANTIHISTAMINE. THESE MEDICATIONS ARE NOT STOCKED BY HEMPHILL ISD.

NON-COOPERATION BY PARENTS/GUARDIANS (NOT SUPPLYING MEDICATION OR PROVIDING COMPLETED PHYSICIAN ORDERS AND/OR PARENT PERMISSION FORMS)

If the parent/guardian of a student with a known or suspected food allergy or other life-threatening allergy fails or refuses to cooperate by not supplying appropriate medication and/or completed forms to the school nurse clinic, the school shall implement a simple Emergency Plan stating to call 911 immediately upon recognition of symptoms.

Emergency Response:

In the event of an emergency, response measures outlined in a student's Emergency Care Plan/Allergy Management or Individual HealthCare Plan will be followed. If epinephrine is injected in response to an allergic reaction, 911 will be called. In the event of an episode of anaphylaxis, the principal/school administrator or school nurse shall verbally notify the student's parent/guardian as soon as possible, or delegate other school personnel to notify them. Following the episode, the school nurse shall complete a written report and file it with the student's health record.

Evaluation and Review:

This Management plan shall be reviewed and updated on a regular basis and made available on the district website and/or student handbook. A Copy of this plan is also available in each campus office.